

WEST LAKE NEWS



1st Quarter 2019
Edition 3, Volume 1

UPDATE FROM THE BOARD

We've been working with Greenacre to get all of our operations transferred and we are happy to report that everything is coming together. We've received positive comments from residents about landscaping improvements and expect to see that continue into the spring and summer. If you have a specific landscape issue, please share it with Cindy Riner at Greenacre – criner@greenacre.com.

Greenacre sent a first round of compliance notifications in January and we appreciate the positive response from everyone. We expect a few more letters will go out and the common issues that we hear about most should start to fade away.

The ad hoc Parking Committee's suggestions were reviewed at the last Board meeting. Some minor changes were made with the attending committee member's approval, and the Board then approved the recommendations as revised. The community thanks the members of the ad hoc Parking Committee and all the residents that contributed to the final recommendations. A copy of the updated parking rules effective March 1, 2019 is being mailed to all Owners and posted on the website. With the implementation of these new parking rules, we'll discuss ideas on resident education and enforcement.

Remember that the current parking rules are still in effect until the new ones go into effect March 1. Rules are to be enforced 24/7 now and in the future. The top issues are vehicles parked on streets and vehicles blocking sidewalks. Please advise your guests that they may not park in the streets or block sidewalks.

The Board also heard from a number of residents who have seen vehicles violating the speed limits to the extreme. This is a major safety concern and the Board is required to address it. The easiest thing is that we ask you to please respect the posted speed limits. If we can get residents to do that, we can avoid the other options that include increased law enforcement presence, radar, speed humps and other unpleasant solutions.

The Board is continuing to work with our neighboring developments on the Fox Sparrow flooding issue and the midge situation on the Southern lake that was deeded to Westchase by MI. The Board attended an early January meeting at Hillsborough County to start the resolution process on the flooding issue, and we are working with the Westchase CDD on the midge issue. Look for continuing updates over the coming weeks on both of these items.

The Spirit Committee has a great lineup of events for Spring and Summer. We look forward to seeing you there, and you are always welcome at our monthly Board meetings, which are posted well in advance on the townhomesofwestlake.com website calendar.



SHARE YOUR NEWS!

We love hearing good news! As spring approaches, many milestones and accomplishments are achieved - for example, graduations! If you would like to share you or your family's exciting news and accomplishments with your neighbors in the next newsletter, please email **spirit@townhomesatwestlake.com** with the names and details by the end of April. Publication of the next newsletter will be mid-May.

SPRING FORWARD

Now that we have all started the New Year, it might be good to ask ourselves, "Self, what are you doing to take better care of yourself?" We probably had an extremely busy holiday season, so now is the time to check up on our health and wellbeing. There seems to be a fair amount of physical activity around our Townhomes of West Lake. There are lots of people walking their dogs, (I have not seen any cats walked here, but I hear it can be done). It is nice to see people chatting with others walking their four-legged friends, as well as other residents walking themselves. These are all good things for our physical and mental health.

Some are running, bicycling, and driving to other neat activities. I would have added swimming in our pool, but it has been a little chilly for that most days (though our grandchildren insisted on trying it the week of Christmas, with our son). They were brave to me, but I had fun taking pictures of them. Speaking of swimming, folks may not realize but we are blessed to have a YMCA right near us on Waters Ave. that has a big pool with a children's area that is heated in the winter. They also have a variety of other activities.

We frequently go to the Tai Chi class on Wednesday nights at 7:30 pm, which is good for my husband who works late. The teacher there, Russell, is really nice. We have not done this class before, and he makes it very comfortable. Even if you are not really coordinated, like us. The other class members are nice too. It seems to help with stress reduction, which most of us can use. Yoga is also available at different times, as well as their many treadmills and exercise machines. They also have Personal Training for an extra fee. They also have other classes throughout the days, except Sundays. They have other evening classes too, except Friday, Saturday and Sunday evenings, right now at least. They often are adding activities. They have printed schedules at the YMCA, if you are old school, like me sometimes. They have a website, tampaymca.org. The location closest to us, is the Northwest Hillsborough Family YMCA. There is another location at the Westpark Village, near us too.

If you happen to be an Active Older Adult, the YMCA has activities with that in mind. Some Medicare Supplement Insurance plans cover their Silver Sneakers classes cost, which is great. Their regular monthly cost is reasonable too. Specials are going on frequently. There are also some outings for the Active Older Adults, like their recent trip to the Lakeridge Winery. Missed that one, but it sounded cool. Such outings allow time to chat while on the bus, which also is good for our wellness. Let your Spirit Committee know of other activities you are interested in, and hopefully we can write about them in our newsletter in the future and encourage one another to take even better care of ourselves!



PI DAY

Pi Day is a math inspired holiday celebrated around the globe. The calendar day 3/14 includes the first three significant digits of Pi—or, the ratio of a circle's circumference to its diameter. Fittingly, March 14th is also the birthday of Albert Einstein.

In 1988, the earliest known official celebration of Pi Day occurred at the San Francisco Exploratorium, where people marched around one of its circular spaces, then consumed fruit pies.

Be sure to enjoy a piece of your favorite pie on Pi Day!



SPRING BREAK FOR KIDS

With Spring Break coming it's hard to decide what to do with the kids or where to send them if you are a working parent. The website www.fun4tampakids.com has a great list of camps for kids. It's also a nice website to check all through the year as they are always on top of the kids activities in the bay area.

ST. PATRICKS DAY

What? St Patrick wasn't Irish? There were no snakes in Ireland for him to drive out? And the first parade wasn't held in Ireland? Some research says St Patrick may have been English or Welch and that he was kidnapped by pirates. On his release six years later he entered the ministry and eventually returned to Ireland near the end of the 5th century as a missionary and Bishop. He was instrumental in spreading Catholicism throughout Ireland and became known as the Patron Saint of Ireland, with St. Patrick's Day originally being a religious holiday celebrating the spread of Catholicism, and was observed on the date of his death. The first parade and Celtic festivities associated with the modern version of the holiday-marching in the parade, wearing green, drinking Guinness, and celebrating Irish traditions-were actually held in Boston, Massachusetts in 1737 and quickly spread to Ireland where St Patrick's Day, as we know it, became a national holiday in the beginning of the 20th century.



IRISH SODA BREAD

Preheat oven to 350 degrees and generously grease a cast iron fry pan.

5 cups sifted flour
1 cup sugar
1 teaspoon baking soda
1 tablespoon baking powder
1 1/2 teaspoons salt
1/2 cup butter or margarine (1 stick)
2 1/2 cups raisins
3 tablespoons caraway seeds (optional)
2 1/2 cups buttermilk
1 egg, slightly beaten

Sift together first 5 ingredients. Cut in butter with 2 knives. Mix butter into flour with fingers until it is like coarse meal. Stir in raisins and caraway seeds. Add milk and beaten egg. Mix until flour mixture is moist. Bake at 350 degrees for 1 hour or a little more (10-20 minutes). Insert knife in center to make sure it is baked all the way through.

VOLUNTEER OPPORTUNITY

Our Spirit Committee is in need of a few more enthusiastic resident members who would like to plan events and help with special projects (including the newsletter!) to foster a sense of community in the neighborhood. If this appeals to you, please send an email to:

secretary@townhomesofwestlake.com

UPCOMING EVENTS

COMMUNITY COOK-OUT

Saturday, March 23 at 1:00 pm at the Pool Cabana

Hot dogs & burgers provided. Residents of even house numbers bring a side and Residents of odd house number bring dessert. See you there!

"MEET THE CANDIDATES" SOCIAL

Thursday, April 11 at 6:30pm at the Pool Cabana

Your chance to meet and speak with the candidates for the Board before the election. Hors d'oeuvres and drinks will be provided.

ANNUAL MEMBERSHIP MEETING AND BOARD MEMBER ELECTION

Thursday, April 25 @6:30pm